



Title: Hair
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We're here to help...
All your cutting, colouring, styling and haircare questions answered by our 'best in the business' panel of experts

Meet the experts



The style expert
JOHN GILLESPIE

Celebrity stylist John Gillespie is usually found in his Scottish salon, but this month he shares his style tips.

The colourist
JO HANSFORD

Colour specialist Jo answers your colour questions. Read on for her tips to getting the perfect shade.



The cutting guru
TOMMY VAN DER VEKEN

Owner of an award-winning salon in North Wales, Tommy gives us some cutting remarks this month!

The hair doctor
RAE PALMER

Scalp and hair specialist Rae is on hand to deal with your hair health problems.



To make an appointment, see our salon listings on p124.

Amway



I'd like to have my hair in more updos but I can't bear to leave it unwashed as I know you should. Is there a product I can use on clean hair to make sure it stays in place?

Anna, 26, London

Keep hair in place with **Satinique Volumising Mousse, £5.80.**

JOHN Hair that's freshly washed often falls out from an updo. Try working in some mousse to give it volume but also to create the 'grit' it needs to keep the hair in place, while giving moisture and shine.



RAE PALMER/SOUTHSEA

How can I get my fringe to lie flat? It always springs up and parts in the middle.

TOMMY Many people can't wear a fringe due to a strong parting or a cowlick. If you do decide to, make sure you grow it long enough - just past your brows to ensure it has enough weight. Use a smaller brush for your fringe and pull the hair down, not forwards or out, as this causes the fringe to spring up. Brush it down from root to tip as you dry.

I give myself a 'pro blow-dry' every day but I just can't seem to get it right at the back of the hair. Is there a trick?

TOMMY If you have long hair, invest in some big clips and divide the hair at the back into sections. Taking one section at a time, bring it over your shoulder and blow-dry from back to front - this way you'll be moving from root to tip, which will make it sit nicely. If you have short or mid-length hair it's imperative you dry from the crown down. Make sure your nozzle is pointing in the right direction and that you're moving around your head in a circle, drying downwards.

Style sum

Pin hair out of the way with **Sectioning Clips**, from £2, Boots.



Use the **Vogetti Large Bristle Brush**, £6.50, to dry hair section by section.



Opt for a dryer with a nozzle such as the **BaByliss PRO GTionic Dryer**, £53, to smooth out the cuticle as you dry.

Tip!

Give yourself a break from the blow-dry. The **Satinique Style Bar** in London offers signature blow-dries, with six styles to choose from at only £22! Call 020 7400 1103 for more details.